

What to Bring to the Hospital: Palate Repair

For your child:

- **Nuby sippy cup.** This will be the only sippy cup allowed after surgery.
- **Multiple bibs.** Your child will have some oral drainage after surgery. In addition, feeding will be more difficult for your child right after surgery and he/she may spit up more.
- **Personal comfort item.** For example, a blanket, stuffed animal or toy.
- **DO NOT bring your child's pacifier.** This will NOT be able to be used after surgery.
- **One of your child's bottles with formula.** This is to be used if by chance your child's surgery is canceled. This way he/she can drink right away.
- **A few soothing CD's.** This may soothe your child and make them feel more at home or relaxed.
- **Movies that your child enjoys.** We have several choices available, but this will help ensure that your child has his/her favorite movie available. Both VHS and DVD players are available.

For you:

- **Personal care items.** A shower is provided but please bring any personal toiletries that you might need during your child's stay (i.e., shampoo, hairbrush, toothbrush, body wash, any medications that you take).
- **A couple of changes of comfortable clothes.** Stay away from light-colored clothes as your child will have some drainage after surgery that might leak onto your clothes as you are holding or caring for him/her.
- **A camera.** Many parents wish to bring a camera - especially since their child is going to look very different after surgery.
- **A few items that can help you pass the time.** Surgery and recovery room time can be a long wait for parents waiting to see their child. Feel free to bring a deck of cards, a book, crossword puzzles or a movie that might help pass time.