

# When to Refer Your Patient to a Pediatric Neurologist for Headaches

For headaches that happen too often, the Headache Clinic at Boys Town National Research Hospital is here. With less time from call to care, you can rest assured that your patients will get the care and answers they need.

Use our headache referral guide below. These red flags indicate a patient may benefit from a visit with a pediatric neurologist.

Does The Patient Have... *(check all that apply)*

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- Chronic and frequent headaches of any type - especially migraines and tension type
- Failure of basic pain-relieving medications
- Family history of certain headache types, including migraines
- Atypical headache presentations or complicated migraines
- Other classical presentations of primary headaches like cluster headache, trigeminal neuralgia, stabbing headaches, etc.
- Headaches in children younger than 6 years old
- Abnormal neurology exam
- Post-concussive or traumatic headaches
- Severe headache follow-ups needing ER visits or hospitalizations
- Headaches needing quicker evaluations and workup, especially with suspicion of increased intracranial pressure



Pediatric  
Neurology