

### **Milestones Matter**

# Your Child's Communication: FIRST GRADE

By the end of first grade, your child should be able to do the following tasks in each area:

#### Listening

- Remember what she hears
- Follow two- to three-step directions in a row

#### Speaking

- Speak clearly so that anyone can understand him
- Answer harder yes/no questions
- Tell and retell stories that make sense
- Share her ideas using complete sentences
- Use most parts of speech or grammar correctly
- Ask and answer who, what, when, where and why questions
- Stay on topic and take turns in conversation
- Give directions
- Start conversations

#### Reading

- Say words that rhyme
- Name all sounds in short words
- Put sounds together to make words
- Match spoken words with written words
- Point to letters, words and sentences
- Sound out words when reading
- Read 100 common words by sight
- Read grade-level books
- Understand what he reads

#### Writing

- Write about her ideas
- Print clearly
- Spell words that he uses a lot
- Begin each sentence with capital letters; end sentences with periods or question marks
- Write stories, journal entries or notes

## Here are some things you can do to help your child learn to listen, speak, read and write.

- Talk with your child a lot
- Read different types of books; read every day and talk with your child about the story
- Help your child learn sound patterns of words; you can play rhyming games and point out letters as you read
- Have your child retell stories and talk about his day
- Talk with your child about what you do during the day; give her directions to follow
- Talk about how things are the same and different
- Give your child opportunities to write

This information was adapted with permission from information provided by the American Speech-Language-Hearing Association.





If you have any concerns about your child's hearing or development, it is important to act early. It can make a big difference! You can talk to your child's pediatrician, schedule a clinical evaluation or call your child's school district.

You can also sign up for a free online or in-person speech, language, and hearing screening with a speech-language pathologist from Boys Town National Research Hospital by emailing screenings@boystown.org or calling 531-355-5605. For more information, visit bit.ly/hearing-language-screening.

#### **Clinical Evaluations**

**AUDIOLOGY** – Boys Town National Research Hospital offers pediatric hearing evaluations. Please call 531-355-6520 to schedule an appointment.

Boys Town National Research Hospital - Downtown 555 N. 30th St., Omaha, NE 68131

Boys Town National Research Hospital - West 14040 Hospital Rd., Boys Town, NE 68010

Council Bluffs Clinic 320 McKenzie Ave, Suite 202, Council Bluffs, IA 51503

**SPEECH-LANGUAGE PATHOLOGY** – Boys Town National Research Hospital offers speech-language evaluations and therapy for children with communication concerns. Please call 531-355-5087 to schedule an appointment.

Boys Town National Research Hospital - Downtown 555 N. 30th St., Omaha, NE 68131

Boys Town National Research Hospital - West 14015 Flanagan Blvd., Suite 101, Boys Town, NE 68010

Boys Town Pediatrics - Maple Street Clinic 3838 N. 167th Ct., Omaha, NE 68116

**BEHAVIORAL HEALTH** – Boys Town Center for Behavioral Health offers services for children with behavioral or social-emotional concerns. Please call 531-355-3358 to schedule an appointment.

Boys Town Center for Behavioral Health 13460 Walsh Dr., Boys Town, NE 68010

#### **Educational Evaluations**

Your child may qualify for a free assessment through the school district in which you reside, some of which are listed below. For more information, you can also contact Nebraska ChildFind at 1-888-806-6287.

Ashland-Greenwood Public Schools 402-944-7083

Bellevue Public Schools 402-293-4000

Bennington Public Schools 402-238-3044

Blair Community Schools 402-426-2610

DC West Community Schools 402-359-2583

Elkhorn Public Schools 402-289-2579 ext. 11000

Fremont Public Schools 402-727-3084

Gretna Public Schools 402-332-3265

Millard Public Schools 402-715-8302

Omaha Public Schools 531-299-0242 Papillion-La Vista Community Schools 402-514-3243

Ralston Public Schools 402-331-4700

Westside Community Schools 402-390-2100

Yutan Public Schools 402-625-2141

