



## Milestones Matter

# Your Baby at BIRTH TO 3 MONTHS

How your baby plays, learns, speaks, acts and moves offers important clues about his or her development.

### Your Baby's Communication

- Alerts to sounds
- Quiets or smiles when you talk
- Makes sounds back and forth with you
- Makes sounds that differ depending on whether they are happy or upset
- Coos, makes sounds (“oooo”, “aahh” and “mmmm”)
- Recognizes loved ones and some common objects
- Turns or looks toward voices or people talking

**Each child develops uniquely, even within the same family, and may meet certain milestones earlier or later than others.** If your child does not meet many of the milestones within their age range, or if you have any concerns about your child's hearing or development, it is important to act early. It can make a big difference!

**It's also important to note that the communication (hearing, speech and language) milestones and cutoffs are for American English speakers.** Speech-language development for children who speak languages outside of spoken American English may follow a different sequence or have different rates of mastery by age range.

### You Can Help Your Baby Learn and Grow Here are some activities to enjoy with your baby.

- **Pay attention to your child's hearing.** See if they turn to noise or look at you when you talk.
- **Look for signs like crying while they are pulling on their ears, which could mean ear problems or infections.** If you are concerned, see a doctor.
- **Respond to your child.** Look at them when they make noises. Imitate sounds they make.
- **Make silly faces with them.** Laugh when they do.
- **Talk about what you do during the day.** Say things like “Mommy is washing your hair,” “You are eating peas” or “Oh, these peas are good!”
- **Sing, tell stories or read** to your child every day.
- **Talk to your child in the languages** you are most comfortable using.

This information was adapted with permission from the American Speech-Language-Hearing Association communication milestones: [asha.org/public/developmental-milestones/communication-milestones](https://asha.org/public/developmental-milestones/communication-milestones)

If you have concerns, you can talk to your child's pediatrician, schedule a clinical evaluation or call your child's school district. You can also use ASHA ProFind ([asha.org/profind](http://asha.org/profind)) to find an ASHA-certified audiologist ([asha.org/public/who-are-audiologists](http://asha.org/public/who-are-audiologists)) or speech-language pathologist ([asha.org/public/who-are-speech-language-pathologists](http://asha.org/public/who-are-speech-language-pathologists)) for an assessment.

## Clinical Evaluations

**Audiology:** Boys Town National Research Hospital offers pediatric hearing evaluations. Please call 531-355-6520 for appointments.

Boys Town National Research Hospital - Downtown  
555 N. 30th St., Omaha, NE 68131

Boys Town National Research Hospital - West  
14040 Hospital Rd., Boys Town, NE 68010

Boys Town Council Bluffs Clinic  
320 McKenzie Ave., Suite 202, Council Bluffs, IA 51503

**Speech-Language Pathology:** Boys Town National Research Hospital offers pediatric speech-language evaluations and therapy. Call 531-355-5087 for appointments.

Boys Town National Research Hospital - Downtown  
555 N. 30th St., Omaha, NE 68131

Boys Town Speech-Language Clinic  
14015 Flanagan Blvd., Suite 101, Boys Town, NE 68010

Boys Town Pediatrics - Maple Street Clinic  
3838 N. 167th Court, Omaha, NE 68116

**Behavioral Health:** Boys Town Center for Behavioral Health offers services for children with behavioral or social-emotional concerns. Call 531-355-3358 for appointments.

Boys Town Center for Behavioral Health  
13460 Walsh Dr., Boys Town, NE 68010

## Educational Evaluations

Your child may qualify for a free assessment through the school district in which you reside, some of which are listed below. For more information, you can also contact Nebraska ChildFind at 1-888-806-6287.

Ashland-Greenwood  
Public Schools  
402-944-7083

Bellevue Public Schools  
402-293-4000

Bennington Public Schools  
402-238-3044

Blair Community Schools  
402-426-2610

DC West Community Schools  
402-359-2583

Elkhorn Public Schools  
402-289-2579 ext. 11000

Fremont Public Schools  
402-727-3084

Gretna Public Schools  
402-332-3265

Millard Public Schools  
402-715-8302

Omaha Public Schools  
531-299-0242

Papillion-La Vista  
Community Schools  
402-514-3243

Ralston Public Schools  
402-331-4700

Westside Community Schools  
402-390-2100

Yutan Public Schools  
402-625-2141