



## BOYS TOWN

# Lift with Boys Town | School Support Program

The Lift with Boys Town | School Support Program (SSP) is a school-based intervention designed to improve student and school safety, student and parent engagement, and student, parent and teacher satisfaction.

The key SSP activities, provided by a School Support Specialist (SSS), include one-on-one skills teaching, social skills teaching during office referrals, facilitating small social skills groups, and conducting observations and mini classroom lessons. The SSS also facilitates parental contact to increase engagement and coordinate finding student and family resources when needed.

In the 2023-24 school year, the SSP intervention impacted more than 8,000 students with approximately 15,000 hours of service delivered to students and families across 6 sites in 102 schools.

## SSP CORE COMPONENTS

- Classroom Mini Lessons**  
 SSS teach social skills lessons to the classroom. These lessons are used to build relationships with teachers and students, as well as to model how to teach social skills and the planned teaching model.
- Classroom Observations**  
 SSS attending student classes to better understand their needs (behavior), student-teacher relationship, and the teacher management style to determine best interventions for student's success.
- One-on-One Support**  
 Short scheduled interventions with students to help build relationships, monitor risk behavior, teach social skills, and/or provide emotional support to the student.
- Office Referral Support**  
 Students who show significant behavioral issues during class are taken out of the classroom and the SSS provides individualized behavior support and intervention. These students are generally considered high-risk.
- Parent Contact & Support**  
 SSS may contact parents to provide resources and support or refer families to additional Boys Town Programs, if needed.
- Social Skills Teaching**  
 Small student groups who meet on a consistent basis to learn, practice, and master social skills like anger management, problem-solving, following instructions, life skills, and much more.

## BOYS TOWN RESEARCH

At Boys Town, we continually measure the effectiveness of our child and family programs to ensure those we serve actually get better. For more information, go to: <https://www.boystownhospital.org/research/translational-research/publications>

## NATIONAL SSP DATA

- SSP Sites: Nevada, Nebraska, New England, South Florida, Central Nebraska, North Florida.
- Approximately 50% of SSS time was spent in one-on-one interactions with students, teaching social skills tailored to them.
- SSP Intervention is aimed to improve student peer/adult relations & parent involvement which teachers consistently rated as the lowest element of their school's environment.
- Teachers were very satisfied with SSS performance.
- The more satisfied teachers were with SSS intervention the better they felt about their school environment.

## RESULTS FROM A SSP pilot study showed:

- With SSP intervention, absence rates for high-risk youth returned to the school absence average by end of school year.
- High-risk youth who attended SSP social skills groups experienced greater gains in GPAs than their peers.

CALL FOR MORE INFORMATION  
**531-355-1255**