



2021 Child and Adolescent Community Health Needs Assessment (CHNA) Summary

2022-2025 Implementation Plan Years

Boys Town National Research Hospital-West

14000 Hospital Road

Boys Town, NE 68010

BACKGROUND

Our Mission – To change *the way America cares for children and families.*

How we accomplish our Mission - Through the inspiration of Father Flanagan, Boys Town National Research Hospital (BTNRRH) provides healing and hope to children and families suffering from physical and mental illnesses and disabilities, especially those who struggle with hearing, language, speech and related communication disorders. Accredited by The Joint Commission, Boys Town National Research Hospital is dedicated to providing leading edge clinical care, pioneering translational research and improving the lives of children and their families through applied technology and educational outreach programs. The hospital annually serves more than 62,000 patients from across the United States.

Since the opening of Boys Town National Research Hospital in 1977, the hospital has been internationally recognized as a leader in clinical and research programs focusing on childhood deafness, visual impairment and related communication disorders. Recent expansion of research includes the Institute for Human Neuroscience which is revolutionizing child and adolescent brain research. Located on Boys Town Campus it is one of the most cutting-edge neuroscience research facilities in the nation and the only site in the world with two next-generation MEG (magnetoencephalography) systems. Today, the hospital offers a broad range of clinical services, including ear, nose, throat and audiology services at the Boys Town Ear, Nose and Throat Institute, general and specialty pediatric care including orthopedics, gastroenterology, allergy, asthma, pulmonology, neurology, ophthalmology and behavioral health services including Psychiatric Residential Treatment Facilities (PRTF) and outpatient child psychiatry. The hospital offers surgical and clinical services at in Omaha at 14000 Hospital Road on the campus of Boys Town, Nebraska. Clinic services are provided at six locations across the metropolitan area with an additional clinic opening in 2022. Services are also provided at four outreach locations across the region.

Boys Town National Research Hospital has developed a pediatric health care network to provide an array of pediatric services to treat physical and mental illnesses through affiliations and cooperative ventures, as well as through those services owned and operated by the Hospital. Boys Town National Research Hospital has 54 licensed beds.

Boys Town National Research Hospital is uniquely positioned to offer mental health services to child and adolescent patients across a broad continuum of care utilizing hospital resources as well as the resources of Boys Town. Within the hospital is a 16 bed Inpatient Psychiatric Unit to care for the most at-risk patients. Adjacent to the hospital is an 80 bed Psychiatric Residential Treatment Facility focused on treating children ages 5-17 who have severe behavioral and mental health problems. Additional mental health services offered through Boys Town at the Center for Behavioral Health include psychology, chemical use program, substance abuse program, intensive outpatient therapy, parent-child interactive therapy and assessment services. Boys Town provides life-changing youth care through In-Home Family Services, the Family Home Program, Foster Family Services and in-home Multisystemic Therapy. Boys Town offers extensive resources through the National Hotline, Your Life Your Voice, Common Sense Parenting, Boys Town Parenting, Teachable Moments Blog and Boys Town Press.

The customized survey for this 2021 Community Health Needs Assessment (CHNA) was developed by Boys Town National Research Hospital, Children's Hospital & Medical Center, Building Healthy Futures and Professional Research Consultants Inc., and is similar to the previous 2018, 2015 and 2012 surveys allowing for data trending. The study area (referred to as the Metro Area) concentrated exclusively on pediatric and adolescent populations in Douglas and Sarpy Counties in Nebraska and Pottawattamie County in Iowa.

The CHNA gathered data to determine the health status, behaviors, and needs of children and adolescents in the Metro Area. The survey was administered by landline, cellphone or on-line to a random sample of 1,000 parents/guardians of children under age 18. Additionally, secondary data (e.g., census data, Youth Risk Behavior Survey, Healthy People 2020 and other Public Health Data) was obtained and allowed for benchmark data at the state and national levels. Qualitative data was gathered through an online Key Informant Survey from 143 community stakeholders including community/business leaders, healthcare providers, physicians, public health representatives and social service providers.

Douglas County (NE) was divided into 5 geographical areas (Northeast Omaha, Southeast Omaha, Northwest Omaha, Southwest Omaha and Western Douglas County).

SURROUNDING COMMUNITY AND SERVICE AREA

Boys Town National Research Hospital's (BTNRH) hospital site is located in Southwest Douglas County and includes Western Douglas County in its primary service area. However, clinicians see children from the entire metropolitan area, as well as all 50 states, at both sites. Most patients at BTNRH are under the age of 18, but clinicians do see some young adults who have a chronic condition that originated at birth or during childhood.

2021 COMMUNITY HEALTH NEEDS ASSESSMENT RESULTS

The 2021 Community Health Needs Assessment identified the primary concern of mental health across the community. This was also true of the CHNA completed for the adult population for metro area hospitals. All area hospitals are prioritizing mental health in their response plans. Additionally, building on the 2018, 2015 and 2012 CHNA and Implementation Plans, hospital resources and hospital mission, the following priority areas will be addressed by Boys Town National Research Hospital in the 2022-2025 Implementation Plan:

- Mental Health
- Nutrition, Diabetes, Physical Activity and Weight Management
- Parenting Education and Family Support

Summary of Findings

The complete report of the Community Health Needs Assessment can be found at boystownhospital.org

IMPLEMENTATION PLAN

FY 2022-2025

Facility covered by this Plan:

Boys Town National Research Hospital – West

14000 Hospital Road (139th & Pacific)
Boys Town, NE 68010

Process for Determining Needs to be Addressed:

Operational, clinical and executive leaders from both hospital and clinic settings have been involved in large scale strategic planning. Clinical and executive leaders have compared the current services provided by BTNRH and clinics as well as the strategic planning initiatives with the CHNA findings and identified the unique assets Boys Town could leverage to address community needs. The CHNA Implementation Plan was taken to the National Health Care Committee for review and input and received final approval by the Board of Trustees of Father Flanagan's Boys Home on March 24, 2022.

Implementation Plan Priorities and Strategies:

The Child and Adolescent CHNA implementation plan was developed using a deliberative and inclusive internal process that included qualitative and quantitative data and was grounded in both operational considerations and the existing unique assets Boys Town National Research Hospital has already developed to address these priorities.

The Community Health Needs Assessment identified priority health issues to be addressed. Boys Town National Research Hospital and Clinics has chosen to address three of the concerns identified, with the majority of focus on the primary concern of mental health across the community.

Priority-Mental Health

Objective A. Improve access to mental health services

Strategies:

- Recruit 3-5 additional child and adolescent psychiatrists.
- Integrate psychiatric services at East location
- Integrate Boys Town child and adolescent psychiatrist(s) into all existing Boys Town Pediatrics clinic locations
- Integrate child and adolescent psychologist into the Autism Cclinic
- Integrate child and adolescent psychologist into the SPARK Cclinic
- Expand telepsychiatry services in region, including to Critical Access Hospitals in Nebraska

Objective B. Assist patients in accessing mental health resources

Strategies:

- Add Ssocial Wworker in the Child and Adolescent Psychiatric Clinic
- Add Ssocial Wworker and Parent Resource Coordinator at East location
- Expand resource information for community partners to help guide to most appropriate services

Objective C. Provide opportunities for mental health education and resources to employees, patients and the public

Strategies:

- Host a Mental Health Summit led by Boys Town experts, for professionals who work with children.
- Expand online and printed materials resource on anxiety, competing with character, depression and other mental health topics. information for community partners to help guide to most appropriate services
- Create parenting classes for mental health topics
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- Post bi-monthly social content on mental health topics, stories, resources, and programs.
- Provide resources to pediatricians on topics, such as autism, anxiety, depression, bipolar disorder, and schizophrenia.
- Attend back-to-school nights to provideProvide mental health information to parents, teachers and coaches at school and sporting events in the community. resources to parents.
- Provide opportunities to partner with school nurses regarding mental health.

Priority-Nutrition, Physical Activity and Weight Management

Objective A. Promote healthy eating and physical activity for patients and the community

Strategies:

- Offer parenting classes on breastfeeding and nutrition conducted by Boys Town pediatricians and certified lactation consultants through Facebook Lives, at Newborn Expos and throughout the year.
- Conduct Memorial Day Run with community co-sponsors incorporating a Kids Fun Run, 1 mile Walk/Run and 5-mile Walk/Run to promote family participation and physical activity.
- Sponsor All Play Field in Elkhorn to provide sporting fields as well as inclusive play areas for children with disabilities.
- Develop educational resources for families to help guide them in healthy cooking, healthy grocery shopping and adaptive exercises for all abilities.
- Post monthly content from SPARK, pediatric weight management program, on nutrition, activity, mental health and health tips.
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Objective B. Support and expand services of SPARK clinic at east campus

- Pursue Comprehensive Weight Management certification to include all required elements of service
- Increase Dietician services to address nutritional needs of children with specific diseases and disorders.
- Integrate child and adolescent psychology services into SPARK clinic.
- Partner with Allergy/Asthma team to discuss asthma initiatives to identify exercise-induced asthma and increase physical activity for children with asthma.

Priority-Parenting Education and Family Support

Objective A. Support and expand Expand Boys Town parenting resources and support services. of Common-Sense Parenting

- Offer Create Common Sense Parenting subgroup classes specific to common concerns/diagnosis, i.e., ADHD
- Promote resources available to current patient families and the community
- Create a Parenting.org subsite for easy-to-find parenting content on a variety of parenting topics that cover physical, social, mental health
- Create a support group for pediatric weight management patients and their families
- Are we offering any parent ambassadors for medical clinics?

Objective B. Promote Boys Town parenting education and resources to parents and the public

- Promote Common Sense Parenting to current patient families and the community
- Provide parenting tips and articles at Boys Town, community and sponsored events

- Post parenting tips, articles, videos and downloadable tools on social media
- Create bi-monthly Healthy Children Newsletter with seasonal and other health and parenting content