

The **DO BETTER** Framework



Determine the Problem.

Identify program needs based on views from practitioners and consumers using surveys, focus groups, and interviews.



Ongoing Data Collection.

Create systems for ongoing data collection so program quality improvement is done routinely and efficiently.



Build a Team.

Identify practitioners, consumers and researchers who can collaborate to help solve the problem.



Explore Solutions.

Get different perspectives on the problem & potential solutions from the practitioners and consumers and merge this information with expert opinions and theories.



Try it Out.

Design and pilot the program and make adaptations based on practitioner and consumer feedback.



Test the Program.

Conduct rigorous evaluation of the program using randomized controlled trials or high quality quasi-experimental designs to determine program effectiveness with practitioners and consumers in real-world settings.



Execute Implementation.

Provide training, consultation, and data systems to practitioners so they can deliver the manualized program to consumers and the program can be evaluated based on fidelity and expected outcomes.



Reach More Youth and Families.

Disseminate program information to promote scale-up and sustainability of the program so practitioners can help more youth and families in different locations and agencies.

The DO BETTER framework draws from existing models of translational research and implementation science. It outlines research activities that emphasize practitioner, researcher, and consumer involvement so that research activities flow from *practice to research and back to practice*.