

## Community Health Needs Assessment 2022-2023 Progress Report

Needs Assessment Finding	Implementation Plan	2022-2023 Progress Report
Mental Health	Objective A: Increase access to mental health services	<ul> <li>Recruited additional child and adolescent psychiatrists/providers, Drs. Chong and Allison</li> <li>Integrated psychiatric services at east location with addition of APRN</li> <li>Integrated Boys Town Child and Adolescent Psychiatry into all existing Boys Town Pediatric Clinic locations</li> <li>Integrated child and adolescent psychology into the Autism Clinic with addition of Dr. Menousek</li> <li>Added adolescent psychologist Dugger, LIMHP to SPARK Clinic</li> <li>Expanded telepsychiatry services in region, including to Critical Access Hospitals in Nebraska with services to Hastings and Wayne. Will start services in additional locations in 2024</li> </ul>
	Objective B: Assist patients in accessing mental health resources	<ul> <li>Added Social Worker to Child and Adolescent Psychiatric Clinic</li> <li>Added a Social Worker and Parent Resource Coordinator at East location. The PRC position is open at this time</li> </ul>
	Objective C: Provide opportunities for mental health education and resources to employees, patients, and the public	<ul> <li>Planning is underway for national Mental Health Summit led by Boys Town experts to be presented in 2024</li> <li>Presented multiple Facebook Live events and social media content including Anxiety and Depression Related to Tinnitus, multiple Mental Health Awareness Month posts, self-harm prevention education</li> <li>Dr. McGee presented to healthcare providers on Disruptive Mood Dysregulation Disorder. Additional sessions were provided by Drs. Dobbertin and Amstutz</li> </ul>

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Nutrition, Physical Activity and Weight Management	Objective A: Promote healthy eating and physical activity for patients and the community  Objective B: Support and expand services of SPARK clinic at East Campus	<ul> <li>Parenting classes on breastfeeding and nutrition were conducted including Newborn Expo, Facebook Live education sessions and social media posts during Summer and Breastfeeding week</li> <li>Memorial Day run held in May 2022</li> <li>Run changed to September in 2023</li> <li>All Play Field in Elkhorn sponsored to provide sporting fields as well as inclusive play areas for children with disabilities</li> <li>Sponsorship of play area at Storm Chasers games</li> <li>Sponsorship of wellness center at Camp Kitaki</li> <li>Additional activity sponsorships for Take Steps, Epilepsy Run, Walk and Roll and Camp Abilities</li> <li>Educational resources in development to support cooking and nutritional options as well as social media content from classes on subjects of beating summer boredom and healthy hydration</li> <li>Continued expansion of surgical cases to meet threshold for qualifications of center of excellence</li> <li>Increasing Dietician services to address nutritional needs of children with specific diseases and disorders by incorporating feeding therapy into services to address food aversion.</li> </ul>

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Parenting Education and Family Support	Objective A: Expand Boys Town parenting resources and support services  Objective B: Promote Boys Town parenting education and resources to patients and the public	<ul> <li>Provided a social media event to aid parents during formula shortage</li> <li>Support group created for pediatric weight management patients and families. Also added a Facebook Group.</li> <li>Common Sense Parenting participates in KETV Taking Care Together sponsored content creation shown during newscasts, on websites and in social media</li> <li>Newsletter running with seasonal and other health related parenting content</li> </ul>